



K&B

KIDNEY & BLADDER

Strengthens kidneys & Bladder

A diuretic is any substance that increases the rate of formation and secretion of urine by the kidneys. Many common substances have diuretic action, including water, herbs teas, fruit juices, glucose, coffee, cola and alcohol. Decreased excretion of water and electrolyte by the kidneys leads to edema (an increase in extracellular body fluid). Congestive heart failure is one of the most dangerous causes of edema. Other causes include poor lymphatic drainage, inflammation and protein-deficient blood. Edema can be treated with substances which serve as natural diuretics.

K&B includes some of these in herbal form. Some work directly upon the kidneys themselves, while others operate by inhibiting salt reabsorption in body tissues. K&B is also a potent urinary disinfectant where low grades of infection may exist. It helps to reduce the amount of sodium in the system, thereby proving to be considerably useful to those suffering from hypertension.

How the Formula Works

Juniper Berries are the primary ingredient in this formula. This herb is a very effective remedy for kidney, urinary, and bladder problems. It is especially effective in combination with other herbs such as cleavers, buchu, uva ursi, etc. The ascorbic acid and other antiseptic properties present in the berries account in part for the remarkable anti-viral properties which they possess. The presence of the ascorbic acid may work to eliminate such things as yeast infections and urinary

tract infections. It is interesting to note that Juniper Berries also help hydrochloric acid production, which aids digestion.

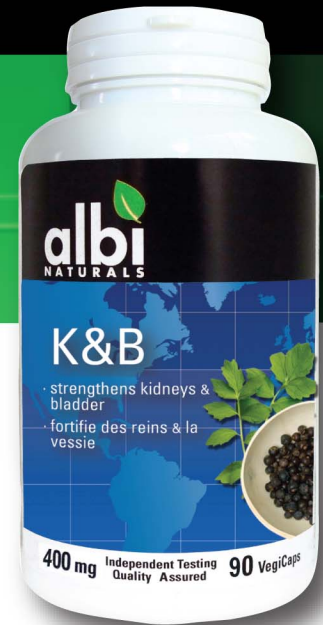
Cleavers / Sweet woodruff, which the Chinese call Chu-Yang-Yang, is one of the best remedies for kidney and bladder troubles and suppressed urine, especially in combination with Juniper Berries and other herbs. It helps expel kidney stones and gallstones, and it has a good reputation for its use as a diuretic. In ancient Chinese herbology, it was considered an excellent remedy for obesity and for cleansing the blood.

Stillengia promotes stimulating action. It helps activate the kidneys and urinary tract to their normal functions. This herb also helps stimulate other organs of the body such as the liver, pancreas and gall bladder.

Fo-Ti / Ho-Sou-Wu is another legendary Chinese herb best known for its rejuvenating properties and its beneficial effects on the kidneys. The herb has warming effects, a bitter, acrid, yet pleasant taste. The root is used to tone and strengthen the kidneys. It also acts as a natural diuretic.

Uva Ursi has healing properties. It acts as an antiseptic in killing virile infections and helps heal kidney and urinary inflammation.

Buchu Leaves. One of the best remedies for urinary organ problems. It is very soothing and an excellent remedy when there is pain during urination. Buchu also acts as a stimulant and is a strong antiseptic for the urinary tract.



Watermelon seeds. The common watermelon was introduced into China from Mongolia in the 10th Century. Watermelon seeds are classified as a diuretic and are considered a good kidney and bladder cleanser for women.

Marshmallow Root. This is a great herb to relieve irritation in an inflamed kidney or bladder. It is very soothing and has many healing qualities.

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