



# stress +

(FORMULATED WITH IONIC SEA MINERALS)

Stress + has been formulated to help nutritionally combat the universal enemy of mankind – stress. Nearly everyone experiences periods of stress. These periods can last just hours or many days. Any period of stress depletes the body of minerals, vitamins and other nutrients that cause fatigue and decreased health and wellness.

Now you can fight back with Stress +, a nourishing blend of vitamins, minerals, herbs and enzymes to help you relax, adapt, replace and nourish.

Relax and adapt with our herbal blend that includes such herbs as Siberian Ginseng, Valerian Root, Hops, Wood Betony, Borage, Chamomile, Capsicum and Skullcap.

Replace and nourish your body with an extensive blend of vitamins, including an extensive B—vitamin complex. We also added minerals including magnesium, calcium and over 70 ionic sea minerals to supercharge the formula for increased absorption and assimilation.

Finally, we added a food concentrate complex that includes a Citrus Bioflavonoid complex, Rice Polishing concentrate, Spirulina and naturally occurring enzymes, including Amylase, Protease, Lipase and Cellulase.

Best of all, Stress + is quick-acting and completely vegetarian.

## The importance of Ionic Sea Minerals

An ionic mineral is an element that has a charge, either positive or negative. On the molecular level, that means the element has either one too many or too few electrons. This unstable ionic state allows the element to bond readily with water, making it possible for the body to absorb

it. In this state, an element has specific positive or negative electrical signatures that cause a dynamic equilibrium to take place. The body can then assimilate minor changes to move nutrients to the areas that need them.

Ionic sea minerals are added to the Stress + Formula. Your body requires nearly two thirds of all the elements currently known to man in order to maintain health, keeping these minerals in balance is a complex yet incredibly vital task. The events of everyday demand a continual ingestion of minerals, perhaps that is why an estimated 90% of Americans suffer a mineral deficiency or imbalance.

Unfortunately in today's world, naturally occurring, nutrient-rich foods are becoming a thing of the past. Eons of vegetation growth and aggressive modern farming techniques have brought many of the earth's minerals to the surface where they have been washed away to the oceans.

Chemical and electrical processes are occurring within your body at every moment. Processes that can only function correctly if the proper balance of minerals is continually being supplied to your system. Iron for your blood, sulfur for your muscles, calcium for your bones, and an aggregation of many other elements in balanced trace amounts to ensure the proper function of your body.

In a few surviving inland seas such as the Great Salt Lake of western North America, these essential elements exist in highly concentrated, salubrious proportions. The fact that the minerals are in a similar proportion as healthy, living matter is a key. And this intricate balance of every mineral and trace element in seawater is why it is so beneficial to the human body.



Albi Naturals has now developed a line that uses this highly concentrated seawater from Great Salt Lake – known as Ionic Sea Minerals – and we have added this to the Stress + Formula. When you've been deficient in your mineral intake, and you take Ionic Sea Minerals, you can soon feel the difference supplementing your diet with the essential nutrients can make.

Increased mineral intake also conditions your body for more ready absorption of the other ingredients in our many formulas. Taking a formula with Ionic Sea Minerals ensures you are getting the most from every supplement you take.

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